

VotesforSchools Curriculum Guide



5-7: Are playground trends a good thing?

7-11: Do we know enough about how vaping affects us?

The following SHANARRI Wellbeing Indicators (GIRFEC) are supported by this topic:

HEALTHY	Child health outcomes: Voters are provided with the relevant information to make informed choices about their health.	SHANNARI Wellbeing Indicators (GIRFEC): Child & Adolescent Health & Wellbeing Evidence Review (Scottish Government, 2018)
RESPECTED	Participation in decision-making: Voters are provided with a safe space in which they can confidently voice their opinions and ask questions.	
RESPONSIBLE	Substance abuse: Voters participate in conversations about risky behaviours, and are given tools to self-safeguard.	
INCLUDED	Neighbourhood relationships: Through understanding a variety of viewpoints, voters develop their self-efficacy to improve their relationships both in school and beyond.	

The following UNCRC & SDGs criteria are supported by this topic:

Art 33	<i>"You have the right to protection from harmful drugs and from the drug trade."</i>	UNCRC: UNICEF
SDG 3	Good Health & Wellbeing: <i>"Ensure healthy lives and promote well-being for all at all ages."</i>	UN: Sustainable Development Goals

This week's topic aligns with the following theme from our 9 Key Themes:

Health & wellbeing	Mental health disorders, stress, work-life balance, sports, exercise, mindfulness, happiness, emotional health, self-esteem, body image, eating disorders, self-harm, abuse, suicide, NHS, obesity, diet, vaccines, antibiotics, HIV/aids, sanitation, periods, medicine, cancer, organ donation, sexual health, smoking, drugs, gambling, addiction, keeping yourself safe, sexualisation, consent, sexual harassment, positive relationships, malnutrition, child marriage, domestic violence, online safety, pornography, exploitation, FGM, sexual health
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VotesforSchools also supports the four fundamental capacities from the Curriculum for Excellence:

Successful learners	Confident individuals	Responsible citizens	Effective contributors
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